

A Fine Balance

Premier's first panel discussion for women

On May 12, 2012, Premier held a panel discussion for women in line with its commitment to rejuvenate the Women's Empowerment Forum. The theme was 'A Woman's Approach to Work-Life Balance'.

The panellists were Dr. Saryu Doshi, noted art historian and Padma Shri awardee; Mrs. Sharayu Daftary, among India's first women entrepreneurs; Mrs. Ashika Mehta, a psychotherapist and corporate trainer; Mrs. Novela Corda, CEO, CHIP Mumbai; Mrs. Kiran Bhat, Proprietor, Xebec Communications; and Mrs. Renuka Nair, first woman General Manager at Premier Ltd.



Thoughts were noted down on small leaves and stuck on to a board, making this a Tree of Thoughts.



The panel discussion introduced diverse perspectives to the audience.

"I really enjoyed the seminar. I got to learn many things such as how to manage daily routines and priorities, why having a support system is so important, and much more."

– **Ms. Dhruiti Phanse, Executive (Finance and Accounts)**

It was a wonderful sight to see so many of us participating together. Such programmes need to be organised frequently to give others an opportunity to open up and share their experiences in the language they are comfortable with.

– **Ms. Anu Jayasuriya, Manager, President's Office**